

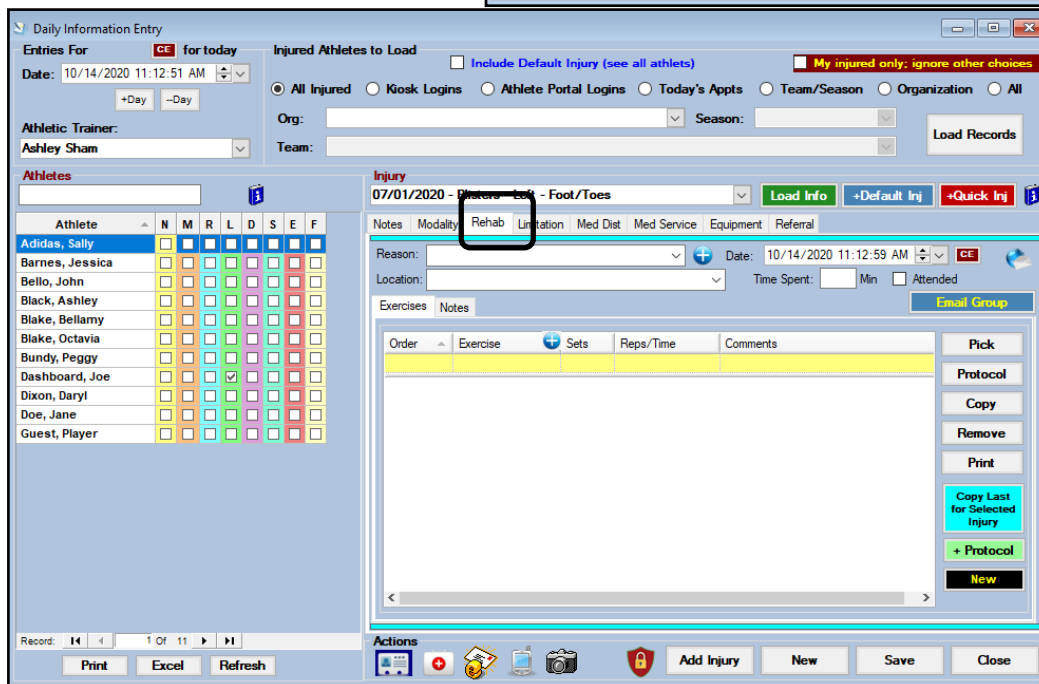
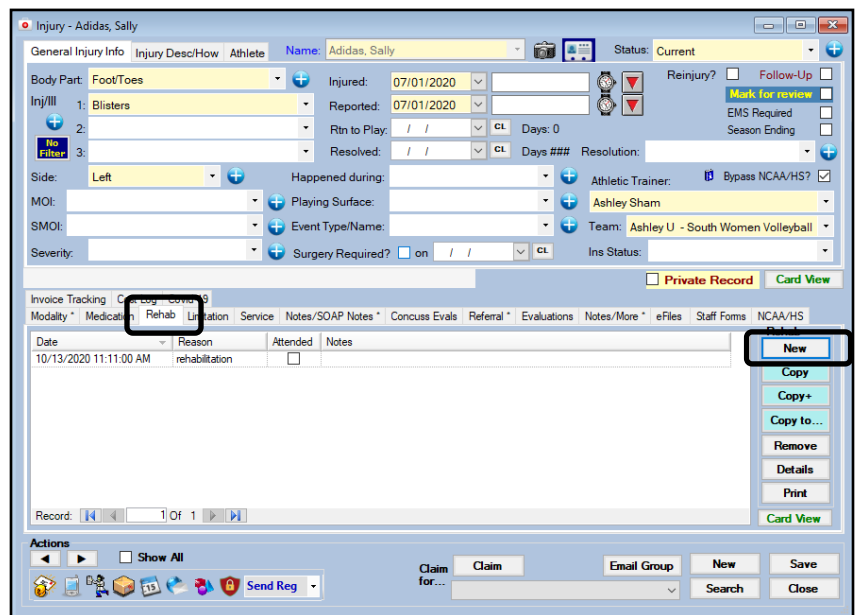
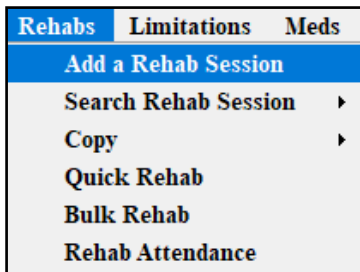
# ATS - Rehab Entry and Usage

## Rehab from the Desktop

ATS gives you the ability to keep track of the Rehab sessions. Rehabs can be entered individually or through pre made protocols. Use the links to learn more about editing the [Rehab List](#), and learn more about creating [Rehab Protocols](#). Please note you must be an admin or have admin privileges to edit the list and create protocols.

In the Desktop, Rehabs can be added from several areas:

- 1) From the dropdown menu → Rehab→ Add a Rehab
- 2) From the injury profile itself → Click on the Rehab tab→ “New” button
- 3) From the Daily Information Entry Screen→ Click the Rehab Tab



# ATS - Rehab Entry and Usage

If you are picking from the drop down menu be sure that the correct name and injury have been selected/entered in the appropriate boxes. Required fields are: Athlete Name, Date, Injury, Reason and Athletic Trainer. Optional fields are: Attended check box, Time Spent and Treatment Location.

Begin by entering your Rehab entry in the top blank line. You are able to track the order the rehab exercises were completed, the rehab exercise itself, sets, reps/time, and any comments you wish to add.

Rehab - Adidas, Sally

Name: Adidas, Sally Date: 10/14/2020 11:15:47 AM Now  Attended

Injury: 07/01/2020 - Blisters - Left - Foot/Toes Add Default Time Spent: Min

Reason: Treatment Location: Athletic Trainer: Ashley Sham

Exercises Rehab Notes Note/SOAP Note

Or...	Exercise +	Sets	Reps/Time	Comments	Pick
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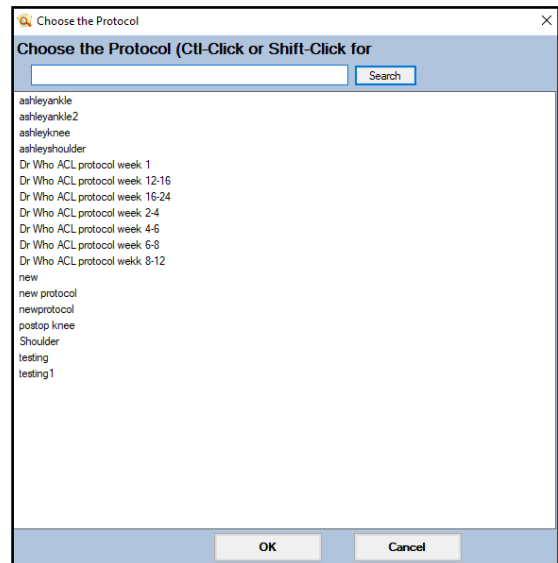
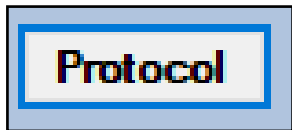
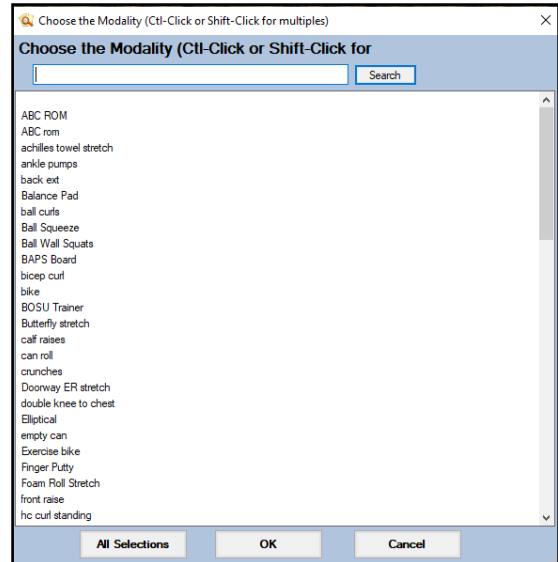
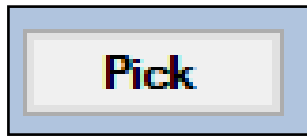
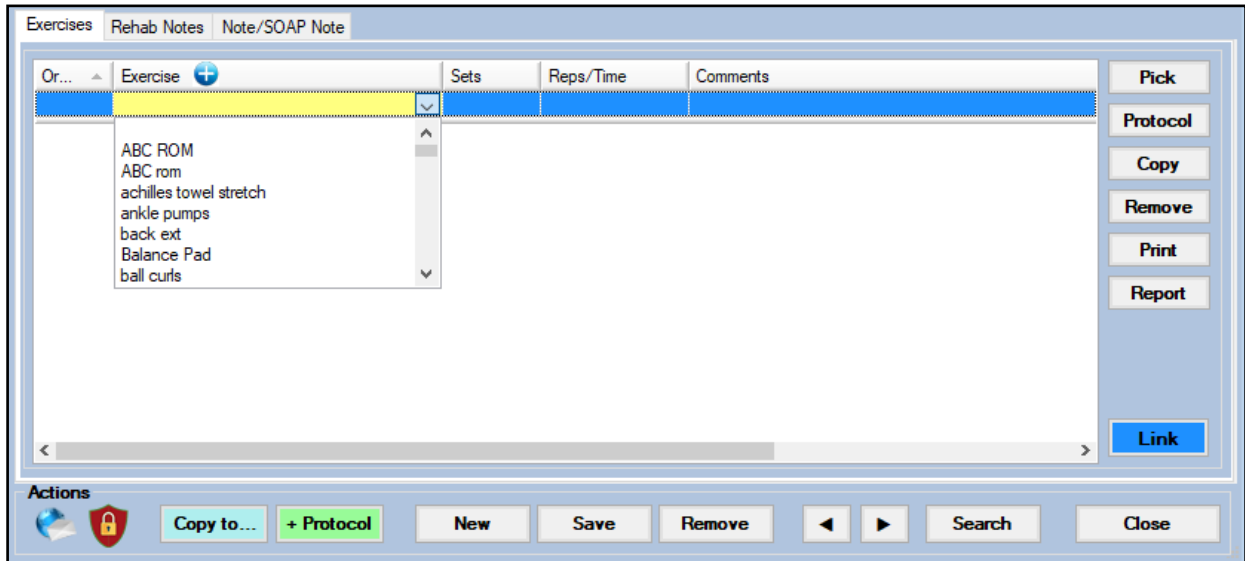
Protocol  
Copy  
Remove  
Print  
Report  
Link

Actions  
Copy to... + Protocol New Save Remove Search Close

You can select your rehab from the drop down that appears in the box or from the "Pick" button. If you are going to utilize a protocol, click the "protocol" button and make the appropriate choice. You may copy or remove individual rehab entries using the designate buttons on the right.

If you wish to copy this rehab session over to another injury record use the "copy to" button. You may also save or remove the entire session utilizing the appropriate buttons along the bottom of the screen.

# ATS - Rehab Entry and Usage



# ATS - Rehab Entry and Usage

## Rehab from Staff Portal

In the Staff Portal, Rehabs can be added from several areas:

- 1) From the dropdown menu → Rehab→ Add a Rehab
- 2) From the injury profile itself → Click on the Rehab tab→ “+ Add” button
- 3) From the Daily Information Entry Screen→ Click the Rehab Tab

The screenshot shows a sidebar menu on the left with the following items: MENU, Utilities, Athletes, Injuries, Notes, Modalities, and Rehabs. The 'Rehabs' item is highlighted. To the right, the 'Rehab' form is displayed with the following fields: Name (Davis, Crash dinger), Athletic Trainer (Joe Streckfus), Date (8/16/2021 02:16 PM), Injury (07/12/2021 - Strain - Right - Biceps), Reason (Post-acute management), and Treat Location (Athletic Training Facility). There are also buttons for 'Save Top Info', 'Pick', and 'Protocol'. A box highlights the 'Add a Rehab' option in the menu.

Enter the header information, and save. This allows you to then add the rest of the rehab information.

The 'Add New Exercise' form contains the following fields: Order #, Exercise (dropdown), Sets, Reps/Time, Comments, Billable? (checkbox), Billable Units #, and Rendering Provider (dropdown). There are 'Save' and 'Close' buttons at the bottom.

This screenshot shows the 'Rehabs' tab selected. A box highlights the 'Add Exercise' button. A text box below the screenshot reads: "Please add rehab details by using the buttons 'Add Exercise', 'Pick' or 'Protocol'."

Pick and protocol works the same as in the desktop, allowing you to bulk pick exercises or pre-determined rehab protocols.

Select the injury you want to update from in the daily info screen. Click load info, and then fill in the necessary header information below. Save and then enter exercises like outlined above

The screenshot shows the 'Daily Information Entry' screen. It includes a date field (8/16/2021 02:38 PM), an Athletic Trainer dropdown (Joe Streckfus), and an 'Injured Athletes to Load' section with a filter (All Injured) and a 'Load Records' button. Below this is a table of athletes with checkboxes for each day of the week (N M R L D S T F). The 'Rehab' tab is highlighted in the 'Injury' section. The 'Injury' dropdown shows '07/16/2020 - Facial Laceration - N/A -'. There are buttons for 'Load Info' and '+ Def Injury'. The 'Rehab' section has fields for Reason, Date (8/16/2021 02:41 PM), Time Spent, and an 'Attended' checkbox. There are also buttons for 'Save Top Info' and 'Copy Last for Selected Injury'.

# ATS - Rehab Entry and Usage

To add a Rehab session in the Staff Portal you must first fill out the top information and click the "Save Top Info"

Required Areas: Athlete Name, Athletic Trainer, Date, Injury, and Reason

Optional Areas: Time Spent, Attended check box, and Treat Location

**Injury** - 7/12/2021 - Davis, Crash dinger - Strain - Right - Biceps

General Info | Injury Desc/How | Contacts | Billing | Modality | Meds | **Rehab\*** | Limit\* | Service | Notes/Staff Forms\* | Evaluations

Concussion | Referral | eFiles | FM Evals | Notes | COVID-19 | Email | NCAA/HS\*

Name: Davis, Crash dinger | Status: Current

Team: Joe Tech Men Baseball | Athletic Trainer: Joe Streckfus

Body Part: Biceps | MOI:

Bypass body part filter for inj/fill?

Inj/III 1: Strain | Severity:

Inj/III 2: | Happened During:

**Injury** - 7/12/2021 - Davis, Crash dinger - Strain - Right - Biceps

General Info | Injury Desc/How | Contacts | Billing | Modality | Meds | **Rehab\*** | Limit\* | Service | Notes/Staff Forms\* | Evaluations

Concussion | Referral | eFiles | FM Evals | Notes | COVID-19 | Email | NCAA/HS\*

**Add** | Edit | Copy | Copy+ | Copy to... | Refresh | Scroll Down | Scroll Up

Date	Reason	Attended	Notes
08/16/2021 02:16 PM	Post-acute management	False	

[Return to Injury](#) **Rehab**

Name: Davis, Crash dinger | Athletic trainer: Joe Streckfus

Date: 8/16/2021 02:55 PM | Now

Injury: 07/12/2021 - Strain - Right - Biceps | Add Default Injury

Reason: | Time Spent: # | Attended

Treat Location: | **Save Top Info** | Pick | Protocol

**Your Rehab has been created.**

[Return to Injury](#) **Rehab**

Name: Davis, Crash dinger | Athletic Trainer: Joe Streckfus

Date: 8/16/2021 02:55 PM | Now

Injury: 07/12/2021 - Strain - Right - Biceps | Add Default Injury

Reason: Flexibility | Time Spent: # | Attended

Treat Location: Athletic Training Facility | **Save Top Info** | Pick | Protocol

Rehabs | Notes

**Add Exercise** | Refresh

You will get a confirmation that your Rehab has been created. You can now begin to add your individual Rehab Exercises. Click the Add Exercise button and then fill out the information:

Give an order number, select the exercise, set sets/reps and any comment you wish to have available. If you are billing mark as appropriate.

You can also use the pick and protocol buttons to aid in expediting your data entry.

**Add New Exercise**

Order #

Exercise \*

Sets

Reps/Time

Comments

Billable?

Billable Units #

Rendering Provider

**Save** | Close



# ATS - Rehab Entry and Usage

## Rehab from the Staff Phone

You are able to enter your rehabs from your smartphone login link. This can be a time saver, by entering your rehabs from the field, or sideline vs. having to go back to the office to enter information.

Use either the menu list item, or the hot button if you have it set to access the rehab for the athletes.

JOE TECH  
Welcome JOE STRECKFUS



Logout

Athlete ▾

Limitation ▾

Notes ▾

Add Rehab

Show All Athletes (ignore Teams)

Organization:  
Joe Tech ▾

Team:  
Men Baseball ▾

Athlete  
Davis, Crash ▾

Or start typing part of the athlete's name

Start typing part of name

Select

Injury  
08/31/2021 - Anterior Tibiofibular Syndesmosis (High Ankle) SprainPartial or Complete - Left - Ank ▾

Reason  
Post-acute management ▾

Date  
9/29/2021 03:56 PM

Time Spent

Attended

Exercise

Protocol

Sets:

Reps/Time:

Comment:

No Rehab Exercises Added...

Notes

Complete the required information and as much as you need to complete the rehab entry. You can select the exercise from the drop down window, a specific protocol, or use the pick feature to pick multiples at a time.

# ATS - Rehab Entry and Usage

## Athlete Viewing their Rehab:

Usage post entry; athletes have the ability to view the rehabs that have been created for them. They can do this from their athlete portal or through the athlete phone log ins.

This is useful when they athletes may have to leave or to help facilitate paperless transactions they can execute the rehabs you have assigned.

Organization: JOE TECH  
Welcome CRASH DAVIS  
Using the links below, you are able to enter, view or update your personal information.

Announcements  
If you are experiencing difficulties in life, please visit the webpage link below to view the resources that are available to you  
<http://www.athletetrainersystem.com/>

End of Announcements

You have 2 unread messages

Click An Option Below

- Athlete Information
- Report Injury
- My Schedule
- Request Appointment
- Screening
- Rehabs**
- Modalities
- Strength

If you have ANY questions contact your medical staff

Rehabs for: 9/30/2021

11:54AM for injury on 08/31/2021 - Anterior Tibiofibular Syndesmosis (High Ankle) SprainPartial or Complete - Left - Ankle

Add New Exercise Edit Selected Delete Selected

#	Exercise	Sets	Reps / Time
1	ABC's (ankle)	3	U.L.U
2	ankle pump	3	50
3	theraband green	2	10

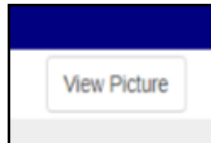
View Picture

Using the portal, the athletes can select the rehab icon and be taken to the rehabs you have assigned for them.

From the portal, the athletes are able to see the exercises entered. If you instruct them to do more, during a session they can add that exercise. They can also edit an exercise, if they were unable to complete sets/ reps.

If you have pictures attached to the exercise they can view that.

Using the Athlete Phone, they again, can see their rehabs using the icon.



Change Rehab Exercise

Order Number  
2

Exercise \*  
ankle pump

Sets  
3

Reps/Time  
50

Comment  
Comments

Save Close

You have 2 unread messages.

View Announcements

- Report Injury
- Rehabs**
- Modalities
- My Appts
- Request Appointment
- Send Email
- Secure Messages
- Strength
- Protocols
- Athlete Forms
- Screening
- Screen / Tests
- ID Card
- eFiles
- Logout

If you have ANY questions or problems contact your medical staff.

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My Scheduled Rehabs

Rehabs for: 9/30/2021

11:54AM for injury on 08/31/2021 - Anterior Tibiofibular Syndesmosis (High Ankle) SprainPartial or Complete - Left - Ankle

#	Exercise	Sets / Reps or Time
1	ABC's (ankle)	3 / U.L.U
2	ankle pump	3 / 50
3	theraband green	2 / 10

View Picture

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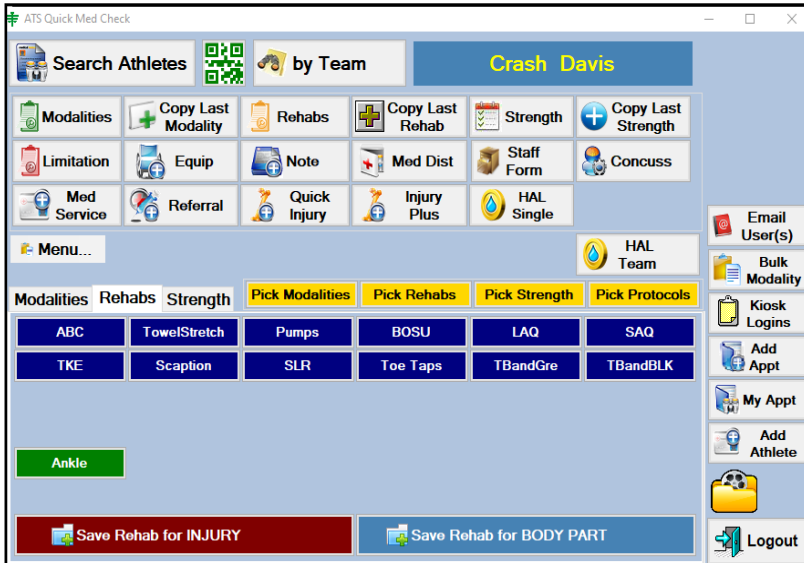
# ATS - Rehab Entry and Usage

## Rehab Using ATS Quick Med Check and Kiosk

ATS has the Quick Med Check or Staff Rehab/multi use station, as well as the Athlete Kiosk.

You can use the preloaded buttons that are set by the administrator to quickly add rehabs to the athletes profile.

**\*\*\*Your QMC and Kiosk may look different depending on configuration\*\*\***



In the QMC, select the athlete to show all of the features that are available. You can use the Blue buttons to assign the preloaded quick pick rehabs. Utilize the Green buttons to use the assign the preloaded protocols. Both the buttons for singular rehabs and protocols are controlled by the system administrator.

Allowing the athletes the ability to use the ATS Kiosk can aid you in keeping records correctly and more efficiently. The system administrator has the ability to control what the athlete can see. The buttons are the same as what the staff would see.

They can save the rehab exercise for their injury, or for a specific body part if they are doing maintenance.

