Adding a Rehab:

The ATS Smartphone login allows you the ability to add a rehab session, or utilize an already created protocol to an athlete. Useful for a return to play rehab you are doing from the sideline or court.

JOE TECH Welcome JOE STRECKFUS	
You have <u>1 unread</u> staff message.	Add Rehab
Abilities here Notes here No	Organization: Select team: Joe Tech Men Baseball Athlete
Required fields for rehab input are: the Athlete/ team entry. The injury you are entering information for, the reason and the date.	Davis, Crash
	Select Injury 10/29/2021 - Anterior Cruciate Ligament (ACL) TearPartial Or Complete - Right - Knee Reason Post-acute management
Then you can enter your rehab exercises. You have options to choose, how you want to enter your exercises.	Date 1/14/2022 12:03 PM Now Time Spent
You can pick one at a time, and enter the parameters. Or you can use the PICK feature to select multiple rehabs at a time. Or use the Protocol button to choose a preset rehab set.	Exercise Short Arc Quads Protocol Load Sets: 3 Reps/Time: 10 Comment: 2 lb
Your practice limitation has been saved.	Add New Rehab Exercise Pick Copy Delete No Rehab Exercises Added
After you save the information, you will see a green save message confirming your rehab was entered.	No Rehab Exercises Added
	Call 1-888-328-2577 Version 1.0.0, Copyright © 2022 Keffer Development Services, LLC